

Possabilities - a place where anything is possible

Mission Statement

PossAbilities is an inspirational Social Enterprise co-owned by staff and service users. We deliver innovative, integrated and person centred services for people with learning disabilities, physical disabilities, mental health and other needs.

We support individuals to live the life they choose, tailoring our services to meet their needs, ensuring they achieve their aims and aspirations and lead full and independent lives.

PossAbilities is a place where individuals can experience new opportunities, develop friendships and learn new skills, in a creative and welcoming environment.

Our Services

Our services include day services, supported lodgings, respite services, dementia services, shared lives, supported employment and community outreach.

Our Staff

All our staff receive a comprehensive mandatory training package and we are committed to providing relevant training and development opportunities for all staff to ensure they have the necessary skills to deliver a quality service. Our staff establish familiar and positive relationships with service users and their families and have a breadth of experience in supporting older people suffering from a mental health condition.



Tel: 01706 692181

Email: enquiries@possabilities.org.uk

Web: www.possabilities.org.uk



PossAbilities Dementia Day Care

Get in touch

If you are interested in learning more about how our services may benefit you, please contact us. We are open 5 days a week, Monday – Friday, 8.30am to 4.30pm.



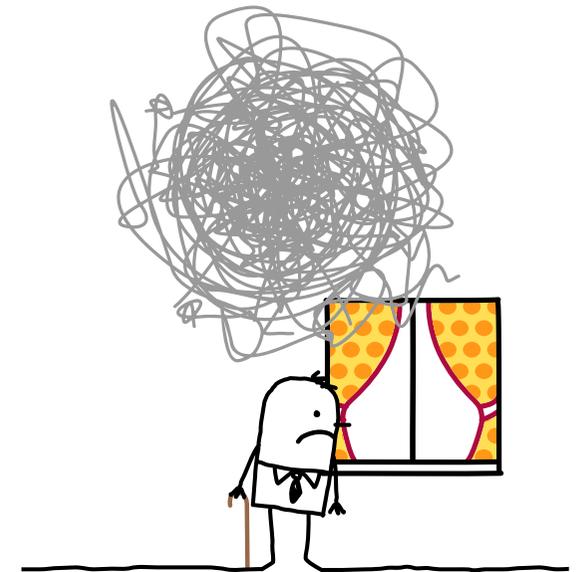
Woodclough Day Centre
Wood Street
Middleton
Manchester
M24 4BB



0161 653 5149



woodclough@possabilities.org.uk



Head Office, PossAbilities CIC, Cherwell Centre,
Cherwell Avenue, Heywood, OL10 4SY.

**Woodclough Day Centre
Middleton**



Dementia Day Care

More and more people are living with dementia. It affects both the people who develop the condition and the people who care for them. At Woodclough Day Centre in Middleton, we have created a place where people with dementia can find stimulation, be social, enjoy a range of activities, enjoy food suited to their needs and feel safe and cared for.

We are continuing to make a range of improvements to make Woodclough a vibrant place to be. The latest is Woody, a British Bulldog puppy, who is our dementia dog. Research has shown that contact with dogs can be really beneficial to people with dementia.

Knowing that the person that you care for is in good hands is invaluable when you are a carer. Dementia can be all consuming and we recognise that to be a good carer it's vitally important to have at least something of a life of your own.

When the person you care for is at Woodclough, you can relax, knowing that they are in a place where people really care.

Who is it for?

We can support anyone with mild to moderate dementia, helping them to stay in their own surroundings for as long as possible. There are no geographical limits. If people are able to travel to Woodclough then we are happy to care for them.

Payment

Payment is per session, with one session being either a morning or an afternoon. There is no limit on the number of sessions that a person can take.

For an up to date price list please contact us on the number at the back of this leaflet.

What's on offer?

We promote a comprehensive programme of stimulating and engaging activities for older people who find it difficult to cope at home because of illness, dementia, a physical disability or a mental health need. Our activities cater for a range of different needs and include:

- Restaurant
- Crafts
- Baking
- Bowling
- Cards
- Memory games
- Musical bingo
- Music therapy
- Exercise
- Relaxation room
- Rehabilitation
- Personal care support
- Support and information for carers
- Health and beauty sessions
- Help and advice with transport
- Current affairs discussion group
- Support to take a bath/shower
- Woody the dementia dog

How to access the service

Referrals to our day service come from a variety of health care professionals including social workers, district nurses or care managers. Families and individuals can access the service direct by contacting Woodclough Day Centre.

Once a referral is received, a manager from PossAbilities will arrange an initial visit to the Centre for the person, usually with whoever referred them, together with their family member/carer.